



For Immediate Release

Yoga Studio Lease Brings Route 9 Plaza to Full Occupancy

Old Bridge Property Marks Second N.J. Location for Grace Yoga

OLD BRIDGE, N.J. (June 1, 2023) – [Grace Yoga](#) is coming to [Route 9 Plaza](#) in Old Bridge, marking the second area location for the locally owned business. This new tenant will bring the 26,000-square-foot shopping center to 100% occupancy and marks the second boutique fitness concept to lease space at the property this year.

[Levin Management Corporation \(LMC\)](#) serves as the property’s leasing and managing agent; LMC’s Kendal Hand-Freda, leasing representative, arranged the 1,500-square-foot transaction on behalf of property ownership. Michael Sclafani of RE/MAX Central represented the tenant.

Grace Cairns founded Grace Yoga in Freehold Township in 2020. Focusing mostly on hot yoga, the studio offers a variety of classes, workshops and services designed to help clients better connect the mind, body and spirit.

“Yoga is beneficial to all ages, fitness levels and degrees of flexibility,” said Cairns. “Many of our existing students come from the Old Bridge area, making Route 9 Plaza a perfect fit for our second studio location. We are excited to open here and look forward to being a community-based studio that encourages everyone to enjoy the many benefits a yoga workout provides.”

Boutique fitness concepts are continuing to expand and grow in key markets, noted Hand-Freda. “The addition of Grace Yoga complements Route 9 Plaza’s tenant mix, which also features the center’s newest addition, circuit-based group training concept SETS Hybrid Training,” she said. “Having these two distinctive fitness options in one convenient location will allow local consumers to diversify their daily and weekly fitness routines.”

Well-located at the intersection of Route 9 and Throckmorton Lane, and passed by 56,000 vehicles a day, Route 9 Plaza also includes AutoZone, Tots & Blocks Academy and a hair salon. The property serves a growing residential population of more than 54,000 within a three-mile radius. An average household income of \$156,000 within those same three miles speaks to the area’s strong demographics.

For seven decades, LMC has served as a trusted single-source commercial real estate services provider for institutional and private owners. Its diversified, retail-focused leasing and management portfolio includes 125 properties totaling almost 16 million square feet in the Northeast and Mid-Atlantic states.

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