Willow Springs
Rehabilitation & Healthcare Center

For Immediate Release

Willow Springs Rehab & Healthcare Introduces Chronic Kidney Disease Management Program

Specialty Initiative in Brick, N.J., Targeted to Area Demand

BRICK, N.J. (April 10, 2025) – Willow Springs Rehabilitation & Healthcare Center has launched a Chronic Kidney Disease (CKD) Management program, under the direction of nephrologist Joseph Albanese, DO. Located at 1049 Burnt Tavern Road in Brick, the skilled nursing facility provides post-hospital care, short-term rehab and long-term residential care.

Dr. Albanese is board certified in internal medicine and nephrology, and specializes in clinical hypertension. He is affiliated with multiple area hospitals, including Jersey Shore University Hospital, Ocean Medical Center and Community Medical Center. He also maintains a private practice, Jersey Coast Nephrology and Hypertension Associates.

Willow Springs' new CKD Management offering provides specialized care and services to patients with CKD and related diagnoses, aiming to preserve kidney function and prevent further decline through a balance of treatment and education. This includes protocols to reduce symptoms, decrease disability, increase quality of life and promote independence. In addition to consults with Dr. Albanese and other board-certified specialists, program features include diabetic management, health coaching and dietary education, and routine medical management of associated co-morbidities.

"Willow Springs continues to expand its range of progressive skilled nursing services to meet area healthcare needs," noted Kate Bauer, regional director of market development at Marquis Health Consulting Services, which supports Willow Springs. "Dr. Albanese is highly regarded for his nephrology expertise and patient care. He is working closely with the Willow Springs clinical team to address the often-complex needs of those with chronic kidney disease, focusing on providing the best possible outcome for each patient."

Willow Springs has an established reputation for quality care. The center recently earned two prestigious Gold Seals of Approval® for its quality care and services from The Joint Commission, the nation's oldest and largest standards-setting and accrediting body in health care. More information can be found at willowspringsrehab.com.

Brick, N.J.-based Marquis Health Consulting Services provides administrative consulting services to skilled nursing facilities and senior living communities along the Eastern Seaboard. The company's "Care, Anew" philosophy supports its mission to help clients transform industry processes, mindsets and outcomes. Marquis-serviced skilled nursing centers have access to an evolving suite of clinician-led specialty care models, signature services and comfort features – enabling innovation, compassion and purpose in every aspect of care.

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About Willow Springs Rehabilitation & Healthcare Center
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