Alexandria
Rehabilitation & Healthcare Center

For Immediate Release

Alexandria Rehab & Healthcare Awarded National Recognition from AHCA/NCAL

Center Achieves Silver – Achievement in Quality Designation

ALEXANDRIA, Va. (Sept. 24, 2026) — Alexandria Rehabilitation & Healthcare Center has earned a Silver – Achievement in Quality Award from the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). Located at 900 Virginia Avenue, Alexandria provides post-hospital care, short-term rehab and long-term residential care.

AHCA/NCAL, the nation's largest industry association, represents more than 15,000 long-term care facilities. Now celebrating its 30th anniversary, AHCA/NCAL's National Quality Award Program is a rigorous three-level process in which organizations are reviewed and evaluated by trained experts against a set of nationally recognized standards for excellence. The program helps organizations achieve superior performance over time, ultimately enhancing the quality of care and quality of life for their residents.

"The Silver – Achievement in Quality Award reflects Alexandria's commitment to an ongoing pursuit of excellence," said Megan Shilling, regional vice president of market development, Virginia, for Marquis Health Consulting Services, which supports Alexandria. "The team is well deserving of this notable achievement." Alexandria previously received the AHCA/NCAL's Bronze – Commitment to Quality Award. Now, as a 2026 Silver award recipient, the center can move on to the final and most prestigious level of the program, the Gold – Excellence in Quality Award. More information can be found at alexandriahc.com.

Marquis Health Consulting Services provides administrative consulting services to 112 skilled nursing facilities and senior living communities along the Eastern Seaboard. The hands-on, third-generation family-owned company's "Care, anew" philosophy supports its mission to help clients transform industry processes, mindsets and outcomes. In 2026, 25 Marquis-serviced clients achieved AHCA/NCAL Bronze and Silver Quality Awards.

"Marquis is a respected, long-time member of our Association, and we are grateful its

leadership continues to provide guidance, resources and encouragement for the pursuit of excellence," said Clif Porter, AHCA/NCAL president and CEO. "In turn, the skilled nursing facilities and senior living communities Marquis supports are upholding and improving quality within our profession."

AHCA/NCAL represents non-profit and proprietary skilled nursing centers, assisted living communities, sub-acute centers, and homes for individuals with intellectual and developmental disabilities. By delivering solutions for quality care, AHCA/NCAL aims to improve the lives of the millions of frail, elderly, and individuals with disabilities who receive long term or post-acute care in its member facilities each day. For more information, please visit ahcancal.org.

PHOTO CAPTION: Members of the Alexandria team celebrating the center's AHCA/NCAL Silver – Achievement in Quality Award

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